

## UPS Foundation Scholarship Recipient Study Report

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I am the grateful recipient of the United Parcel Service Foundation grant of \$2500.00 towards my BSN Studies. I would like to report that this past semester (March-June 2016) I have continued on the Dean's list as I have for all semesters since January 2015. This semester's courses were: BSN4004 Nursing Research & Informatics Introduction to the Humanities. My cumulative GPA is currently 3.5.

Through the Introduction of Humanities I learned about humanities attempts to understand the world and society, this has led to a deeper understanding of cultural differences. One example of this is the practice of coining common among oriental cultures. A Cambodian employee came to me concerned that her cold symptoms were not improving, and in fact getting worse, despite her use of home remedies. She tells me "I even do remedies from my home country- I show you" revealing multiple quarter size marks on her chest and neck. I was not alarmed to think she had been abused. She was agreeable to my suggestions of OTC medications, partly because I respected her attempts at curing the problem.

Nursing Research and Informatics provided a beginning background into the field of research, explaining the various types of research including Qualitative and Quantitative, Meta-Analysis, ethical principles of research, and the importance of research in relation to evidence based practice. I am much more open now to checking out information that I had previously thought was correct practice, and through this course have discovered that there are better ways to approach the subject.

Thank you to UPS and AAOHN for the scholarship and support in my learning process.